

Please complete this health declaration for yourself and any dependent (spouse or child) that you have named in your Application Form

**KINDLY COMPLETE YOUR HEALTH DECLARATION**

		Main Insured	Spouse	Child 1	Child 2	Child 3
1	Last name					
2	First name					
3	Date of birth (DD/MM/YYYY)					
4	Height <input type="checkbox"/> Cm <input type="checkbox"/> Inches					
5	Weight <input type="checkbox"/> Kg <input type="checkbox"/> lbs					
6	Gender	<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> M <input type="checkbox"/> F
7	Have you smoked over the past seven years?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<i>If yes, kindly indicate the average number of cigarettes smoked per day and when you ceased smoking if relevant</i>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	Over the past 10 years, have you undergone:					
a.	A surgery?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
b.	A laser treatment, chemotherapy, radiation therapy?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
9	Over the past 5 years, have you been afflicted by an illness or involved in an accident that resulted in:					
a.	Sick leave for over 3 consecutive weeks?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
b.	Having to undergo medical treatment for over a month?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
10	Have you suffered from or ever been diagnosed for:					
a.	Nervous disorders (chronic fatigue, anxiety, depression, migraine, epilepsy)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
b.	Spinal cord disorders (lower back pain, sciatica, herniated disc, stiff neck)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
c.	Arthritis and / or rheumatism (e.g. hip, knee, shoulder, hands)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
d.	Heart disease and / or vascular disorders (e.g. hypertension, angina / chest pain, heart attack, heart rhythm abnormalities, aneurysm)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
e.	Diseases of the esophagus, stomach, intestines, liver, pancreas (e.g., stomach ulcers, Crohn's disease, ulcerative colitis)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
f.	Urinary problems (ex: renal colic, testicular or prostate disorders, bladder or kidney problems, polyp)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
g.	A trauma, disease or illness requiring regular medical care and / or regular medical treatment	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

11	Have you ever performed a serological screening test as follows: <i>If yes, kindly specify the result in the table below.</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	a. Hepatitis B virus (HBV)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	b. Hepatitis C (HCV)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	c. HIV (AIDS)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
12	Have you ever had addiction problems related to alcohol and / or drugs?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
13	Within the next 6 months following the effective date of your contract, do you think you may :	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	a. Go to see a doctor or require any medical test (e.g. laboratory, imaging and endoscopy) and / or see a specialist and / or seek medical or surgical treatment?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	b. Receive hospital treatment? (e.g. removal of tonsils, removal of a cyst, removal of a mole)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

## CARE & HEALTH

# YOUR LIFE INSURANCE DECLARATION FORM



Please complete the following health declaration for yourself if you apply for the Life Insurance coverage.

		Main Insured
14	Do you suffer from a handicap, disability or chronic illness?	<input type="checkbox"/> Yes <input type="checkbox"/> No
15	In the 12 months preceding the effective date of your contract, have you taken sick leave more than 3 times?	<input type="checkbox"/> Yes <input type="checkbox"/> No
16	Do you or anyone in your family have a history of the following diseases? Heart disease, vascular, neurological, psychiatric, cancer, diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No
17	Are you currently on sick leave?	<input type="checkbox"/> Yes <input type="checkbox"/> No
18	Have you been declared disabled?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Are you in the process of being declared disabled?	<input type="checkbox"/> Yes <input type="checkbox"/> No
19	Are you currently insured for health or life insurance?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Have you ever been refused, restricted or received a premium loading for a previous insurance policy?	<input type="checkbox"/> Yes <input type="checkbox"/> No
20	Do you fly in a private or aviation club aircraft as a passenger or pilot (excluding regular commercial aircrafts)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
21	Have you suffered any medical condition other than those mentioned above?	<input type="checkbox"/> Yes <input type="checkbox"/> No
22	Please add any other information regarding your health status that we should know:	

# CARE & HEALTH HEALTH DECLARATION



*If you answered "yes" to any of the above questions, kindly clarify the details in the table below.*

	Question number	Date of declaration of the first symptoms	Date of the last symptoms	Treatments, tests and results	Complementary precisions
Main insured					
Spouse					
Child 1					
Child 2					
Child 3					

## DECLARATION AND AUTHORIZATION

1. To ensure medical confidentiality, you must submit this questionnaire and any medical documents sealed and marked confidential, addressed to the attention of the medical board of Henner – GMC:

Medical board (Care & Health Application)  
Henner - GMC Services Asia Pacific Pte Ltd,  
137 Telok Ayer Street #07-01/02/03, Singapore 068602  
[health.declaration@henner.com](mailto:health.declaration@henner.com)

2. Please provide your answer on a separate piece of paper and attach it to this Declaration when sending if you need more space to provide your response. If you are applying with more than 3 children, please complete a second form for the additional children.
3. I certify that the statements above are complete, accurate and truthful and agree to provide the medical board of Henner - GMC all the medical information that they need. Any misrepresentation or omission shall render the policy null and void and the premiums paid will be retained by the insurer as damages. The Insured and his dependents will have to refund the benefits they have received.

Please tick the box if you want your intermediary (if any) to be your official representative for medical questions:

- I, the undersigned, authorize the Medical Advisory Board or the insurer to provide and request to my intermediary any medical information that is required.

Your email (compulsory): .....

Signed in (City, Country): .....

Date (dd/mm/yyyy): .....

Signature(s) of the Insured and all dependants who have reached majority with the mention "read and approved":

**NAVIGATOR**  
Insurance Brokers Ltd.  
Unit 8E, Golden Sun Centre, 223 Wing Lok St, Sheung Wan, Hong Kong  
Tel : +852 2530 2530 | Fax : +852 2530 2535  
Email : [crew@navigator-insurance.com](mailto:crew@navigator-insurance.com) | [www.navigator-insurance.com](http://www.navigator-insurance.com)



Henner - Simplified private joint stock company  
Registered capital of € 8,212,500 - RCS Nanterre 323 377 739  
VAT No. FR 48323377739 - Registered in France with  
ORIAS No. 07.002.039 and regulated by the ACPR - ISO  
9001 certified Headquarters: 14 bd du Général Leclerc,  
92200 Neuilly-sur-Seine - France - [www.henner.com](http://www.henner.com)

Hauteville Insurance Company Limited - Harbour  
House - Les Amballes - St Peter Port Guernsey GY1 4QA -  
Channel Islands - Licenced by the Guernsey Financial  
Services Commission - Register number: 24676

La Garantie Médicale et Chirurgicale - Association  
constituted in accordance with the 1901 French law  
regarding non-profitable organizations - 14 bd du  
Général Leclerc, 92200 Neuilly-sur-Seine - France